

Original Research Article

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## Farmer Suicides: Consequences and Coping Mechanism in the Deceased Families

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### ABSTRACT

The present research study was carried out with an exploratory design of social research. As Telangana state stands in second position in occurrence of farmer suicides in India, Telangana state was purposively selected for the study. In the state, Warangal and Karimnagar districts were selected purposively based on highest number of suicides. From each district 50 deceased families were selected randomly and the data was collected from deceased families by conducting detailed interview and through Focussed Group Discussion with public representatives, progressive farmers, neighbours and extension personnel in the study area. Findings of the study revealed that the negative consequences faced by the deceased farmer families after the suicides were lack of financial help/aid, pressure of repayment of loan, converted to agriculture labour, left agriculture, severe mental stress etc. Further the positive consequences include continuing the agriculture by the spouses or children, received widow pension and compensation. The coping mechanisms followed by the families of deceased farmer were Social assistance from villagers/ neighbours/ relatives, Converted to labour, Borrowing from money lenders, Reducing daily and marriage expenses, Migration to metros for work, Land sold out, Stopped education of children etc. Other motivating factors that gave a push to move on with life were receiving compensation and widow pension, love for children, sole responsibility of the family, active involvement in the family and faith in god.

#### Keywords

Farmer suicide, Deceased farmer, Consequences of farmer suicides, Coping mechanism

#### Article Info

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### Introduction

India was earlier known as the golden bird, there was no lack of food and money in the country, and the farmers were on the whole happy. That is also the reason why India has been known as an agriculture-based nation.

But the things have completely changed now. The situation of the farmers has become so bad that they are forced to commit suicides. In India, the problems of farmers came to light in 1990 when the period of liberalization started. It is due to the liberalization and globalization that the import of food grains at cheaper prices

has already begun and on the other side increased input costs while reducing yields and profits. It is significant that the count of farmers taking their lives is rising even as the numbers of farmers diminishes, that is, on a shrinking farmer base. As much as 3.8 million hectare area of agricultural land holding was diminished in India between the two agricultural censuses of 1995-96 and 2010-11. About 3,02,116 Indian farmers have taken their lives since 1995 to 2014 concentrated in Maharashtra, Madhya Pradesh, Andhra Pradesh, Karnataka and Chhattisgarh. This occurred at an average of 46 farmer's suicides a day (Sainath 2015).

Telangana stands in the second position in number of farmers' suicides in the country (NCRB, 2014 and 2015). Higher level of farmer suicides is ascribed to cotton cultivation and continuous drought. All India Debit and Investment Survey 2013 revealed that incidence of indebtedness was alarming in Telangana with 74% which is in top rank in the country. About 1194 number of farmers' suicides were reported in newly formed Telangana State from 2.6.2014 to 29.3.2016, out of which Warangal district occupies first place followed by Karimnagar (Department of Agriculture, 2016). This research paper deals with various consequences faced by the deceased farmer families after the suicides and the coping mechanism among deceased farmer families after the suicides.

### **Materials and Methods**

The present research study was carried out with an exploratory design of social research. As Telangana state stands in second position in occurrence of farmer suicides in India, Telangana state was purposively selected for the study. In the state, two erstwhile districts Warangal and Karimnagar were selected purposively based on highest number of suicides. A total of 100 deceased families @

50 deceased families from each district pertaining to the years 2014 to 2016 were selected randomly from the list obtained from the Department of Agriculture, Telangana state. Data were collected from the selected respondents by using the interview schedule. A structural interview schedule was developed in consultation with subject matter specialists of concerned area. Observation of respondent's background, behaviour, emotions, feelings, ideas, aspirations and surroundings were also made use of during interview. Further data were collected through focussed group discussion with relatives of the deceased farmer, neighbours, public representatives, progressive farmers, extension personnel wherever necessary.

### **Results and Discussion**

#### **Consequences**

Consequences operationally defined as the changes that occurred within the family after suicidal death of deceased farmer in due course of time. The changes occurred within family have been ascertained. The study has identified various severe consequences or changes that occurred after suicide of the deceased within the family and are recognized and perceived by family members (Table 1).

About 49 per cent of the households continuing agriculture either in their own land or practicing agriculture in tenant land. Most of the deceased households left agriculture either by selling the land (8%) or by giving land for tenancy (21%) to others like close relatives, neighbouring farmers etc. Lands were sold and cleared the loan as much as possible due to inability to pay back high interest loans. Because of lack of irrigation facility, 13 per cent of households kept their land barren. Tenant farming households accounting to 9 per cent left agriculture as they cannot bear the cost of cultivation

including tenancy rate. Few (4%) households sold their gold, livestock and bullock cart to clear the loans and get rid of debt burden.

Overnight the members of the deceased households (deceased wife/ mother/ son/ daughter-in-law) were translated into agricultural labourers (55%) and also non-agricultural labourers (24%) i.e. beedi making, NREGS works, stitching, sweeper and cooking at schools for mid-day meals, helper at builder, mason, gas delivery boy, running small kirana shop and hotel to raise money to sustain their family including the burden of paying back the debts. About 11 per cent of the deceased families migrated to metros for earning by doing different jobs/ works.

Suicide has further increased the gender oppression and bias, now the women are not only dominated by the family or community but also by the other social categories such as moneylenders. About 58 per cent are facing pressure from moneylenders for repayment of loan with interest. Most of the households didn't know about indebtedness before suicide of the deceased, but only after death only came to know about debt situation. Even there were few (1%) instances of suicide by the other members of the family. This reflects the extreme agrarian crisis. Children lost both parents to suicide. Further in few (9%) instances, the other members of the family died due to mental stress.

In over (19%) of deceased households, poor economic condition compelled their children to stop the education and go for wage earning for sharing the livelihood expenditure of family. For girls, they thought about getting them married as soon as possible and for boys, they thought about getting work for them, because for the next generation agriculture is not working out. So, more and more people are stepping out of agriculture. The deceased household are continuing primary education of

children as there is provision of free education and few got free admission into Navodaya or Gurukul schools and few shifted from private schools to government schools. Few households continuing their children's higher education with an intention of good future for their children.

About 5 per cent of the households faced huge expenditure for the treatment of the suicide attempted deceased to save their life before death. They brought loan with high interest and this became additional burden on them. Soon after the death, the married children got separated in about 6 per cent of the households and the widows are living alone and surviving themselves. After sudden suicide by head of family, severe psychological impact was observed on other family members. In majority of deceased households (40%), severe anxiety and stress was developed about future life, which lead to mental instability. Widows burdened with the new responsibility as the sole breadwinner. Under all these mental stress conditions also, the widows managing to provide for children's' education, daily expenses, medical bills and marriages for their children etc. by selling land or gold or by taking additional loan or by working as labour.

About 59 per cent of the households are worried about the future of the children and old age members of the family. Further 20 per cent are worried about the daughter's marriages. In most of the situations (89%), the households did not receive any financial help from close relatives, friends or any other in the village. Very few (11%) widows got help from their parents, siblings, married daughters and from close relatives. About 58 per cent of the deceased households received compensation from government which helped the families a lot by clearing debts to some extent, by doing daughters marriages and as investment for crop cultivation etc.

**Table.1** Distribution of deceased farmers household according to different consequences due to suicide

(N=100)

Consequence	F	%
Continuing the agriculture by the spouses or children	49	49
Left agriculture		
a. Land tenancy to others	21	21
b. Land sold	8	8
c. Left barren	13	13
d. By tenant farmer	9	9
Other assets sold for livelihood (gold, live stock, bullock cart)	4	4
Converted to Agriculture labour	55	55
Converted to Non- Agriculture labour	24	24
Migration to metros for work (Warangal, Hyderabad, Mumbai, Dubai)	11	11
Pressure of repayment of loan	58	58
Lost elder person in family	9	9
Stopped education of children	9	9
Anxiety about the marriage of daughter/daughters and delayed marriages	20	20
Severe mental stress	40	40
Worried about the future of children and old age members of family	59	59
Suicide by the other members of the family	1	1
Lack of financial help/aid	89	89
Spouse living alone	6	6
Heavy medical expenditure after attempting suicide before death	5	5
Compensation received	58	58
Widow pension received	89	89

\* Multiple responses

**Table.2** Distribution of deceased farmers household according to different coping mechanisms after suicide

(N=100)

Coping Mechanism	F	%
Savings of family	1	1
Land sold out	8	8
Other assets sold out	4	4
Borrowing from money lenders	76	76
Stopped education of children	9	9
Converted to labour	79	79
Migration to metros for work	11	11
Joining children in Navodaya/ Gurukul schools on free of cost	5	5
Social assistance from villagers/ neighbours/ relatives	97	97
Help from close relatives/ friends	11	11
Reducing daily expenses	22	22
Reducing marriage expenses	14	14
Compensation received from Government	58	58
Widow pension received	89	89
Love for children	86	86
Sole responsibility of the family	65	65
Active involvement in the family	95	95
Faith in God	44	44

\* Multiple responses

Almost all (100%) of the widows are getting widow pensions from the government monthly which are been utilized for daily expenses.

In the social sense, women continue to be dependent, and are not the decision makers unless under dire situations such as a husband committing suicide. Otherwise, decisions around the land, how to run a land, whom to lease it out to and other things are not taken by the women. So, women farmers are struggling with such issues.

### **Coping mechanism**

Coping mechanism operationally defined as the motivating factor that gives a push in moving on with life by the families of the deceased farmers.

In general, savings of the family are the most widely used coping mechanism, but have a more limited role for deceased farmer families, hence rely more on their assets. Very few (1%) deceased families rely on savings, 8 per cent of the families sold their agriculture land and 4 per cent of the families sold other assets like gold, livestock and bullock carts for their survival. The common coping strategy in the study area was increasing work either agriculture related or non-agriculture related works or migration of selected household members. Majority (79%) of the deceased families converted to agricultural labourer or non-agricultural labourer or both.

Few (11%) families migrated to metros in search of employment. Few (5%) households joined their children in Navodaya/ Gurukul schools on free of cost with the assistance of public representatives and friends (Table 2).

About 97% of the deceased families receiving social assistance from villages/ neighbours/ relatives and was most often informal and was

the most prevalent coping mechanism among households headed by women. Few (11%) households receiving assistance from friends and family. 76 per cent of the households borrowing required amount from money lenders to move on with life. Further reducing overall consumption like stopping of education (9%), reducing the daily expenses (22%), marriage expenses (14%). Received assistance from the government in the form of compensation (58%) and widow pension (89%) are the important coping mechanisms which helps the deceased households to the maximum. The increased responsibility for the widowed person increased the sense of frustration and it propelled them to become innovative in finding means of survival.

Further love for children (86%), sole responsibility of the family (65%), active involvement in the family (95%) and faith in God (44%) were also some of the coping mechanisms followed by deceased households in the study area.

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